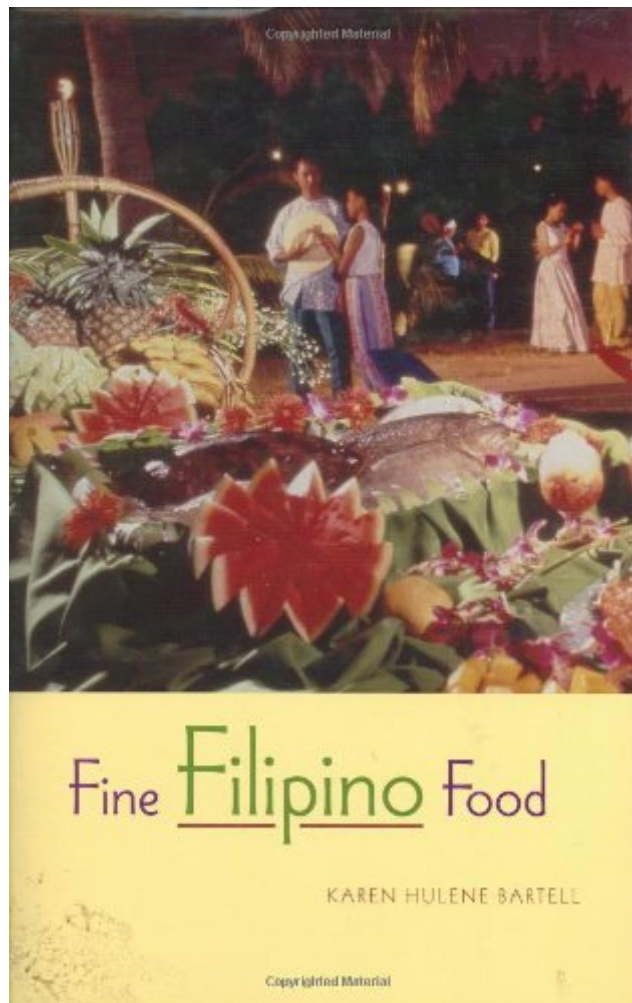


The book was found

Fine Filipino Food



Synopsis

Created from recipes collected during the author's travels to this country at the crossroads of the Pacific Ocean and the South China and Sulu seas, FINE FILIPINO FOOD is a testament to a rich mix of cultures. Chinese traders introduced stir-frying and deep-frying cooking techniques, as well as noodles and soy products; Malaysian spice traders brought seasonings from the Spice Islands and introduced that delectable appetizer, satay; Spanish colonization brought Spanish cuisine: Adobo (a pickling sauce made from olive oil, vinegar, garlic, oregano, paprika, thyme, bay leaf, and salt), arguably the best-known Filipino dish, is a by-product of both Spanish and Chinese influence. Finally, the American influence left the legacies of speed and convenience. Enjoy this blend of cuisines with its 19 cooking methods, such as stir-frying, deep-frying, grilling on skewers, sautéing in coconut milk, marinating in vinegar and spices, broiling over live charcoal, wrapping in banana leaves, and steaming. Fine Filipino Food features 205 recipes, a glossary of ingredients, a guide to ingredient substitutions, and an extensive resource guide, which allow all home cooks to perfectly recreate these tantalizing dishes.

Book Information

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Customer Reviews

This filipino cookbook is informative but I found that the way in which it is written is off putting. The recipe directions are not written for the everyday cook and instead seems to be geared toward those cooks who have been cooking filipino food for years. There were some recipes that were easy to follow but most of them required ingredients that one must search diligently for.

Just what I was looking for to make some of the dishes my family made when we were growing up.

AAA+ seller will buy again great book

I grew up eating lots of filipino food. I downloaded this on a Kindle as I was searching for my mom's adobo recipe. A few interesting dishes.

This is an interesting introduction to Filipino cooking, although I have not tried out any of the recipes yet. There is some discussion of the historical development of Filipino food -- as I am pretty much completely unfamiliar with Filipino culture and food, I cannot opine on its accuracy, but I have a general sense that there is more information out there. For those that have an interest in unfamiliar cuisines, this is a worthwhile read. The absence of pictures in a cookbook is a real handicap, though. It is a tremendous help to know what a dish should look like and taste like when it is done. For more familiar cuisines that's not as big a problem -- for totally unfamiliar dishes, it is.

This book has a lot of very good things in it.

I find it difficult to use the cookbook on the Kindle. I would not get one again as it isn't something that fits in my wheel-house.

A

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